### Kansas Long-Term Care Residents



- To exercise your rights as a resident and as a citizen
- To be treated with consideration, respect, and dignity
- To voice grievances without fear or reprisal
- To be free from mental and physical abuse, and to be free from chemical and physical restraints
- To have privacy in care and treatment and to associate and communicate privately with whomever you choose
- To manage your personal and financial affairs; to make choices and independent decisions
- To keep and use personal belongings and to maintain a secure place for those possessions
- To participate in planning your care and treatment
- To participate in social, religious, and community activities; to participate in the resident council
- To be discharged or transferred only for medical reasons, your own welfare or that of others, or for non-payment



The Heart Of The Ombudsman Program

State of Kansas Office of the State Long-Term Care Ombudsman

900 SW Jackson, Suite 1041 Topeka, Kansas 66612

Phone: 785-296-3017 Toll Free: 1-877-662-8362 Fax: 785-296-3916

Email: LTCO@DA.KS.GOV Website: http://www.kansasombudsman.ks.gov

Providing Advocacy at no charge to Kansas long-Term Care Residents





Office of the State Long-Term Care Ombudsman





# LONG-TERM CARE OMBUDSMAN

# WHAT IS AN OMBUDSMAN?

- Resident Advocate
- Problem Solver
- Educator
- Objective Investigator
- Resident Negotiator
- Collaborator

### What Does An Ombudsman Do?

- Helps long-term care residents
  obtain the highest quality of life
- Helps long-term care staff meet the needs and concerns of those who use their facilities
- Provides information about the longterm care system
- Receives and Investigates complaints and helps achieve equitable solutions

### WHO CAN BENEFIT FROM AN OMBUDSMAN?

- Residents of nursing facilities, assisted livings, home plus, boarding care homes, LTC units in hospitals, residential care homes and adult daycare
- Relatives/Friends
- Facility staff members and administrators



#### CERTIFIED VOLUNTEER OMBUDSMAN

Certified Volunteer Ombudsmen are truly the heart of the Kansas Long-Term Care Ombudsman Program. A certified volunteer ombudsman will serve as an advocate to long-term care residents, while encouraging respect for the ombudsman principles and laws initiated by the Older Americans Act.

#### **REGIONAL OMBUDSMAN**

Regional Ombudsman are located in field offices across the state. Their sites include the following cities: Topeka, Stilwell, Wichita, South Hutchinson, Hays, and Dodge City. Regional Ombudsmen oversee volunteers in their region and support their advocacy efforts

# MISSION

To advocate for the well being, safety, and rights of long-term care residents by assisting them in attaining the highest possible quality of life.

#### PERSON —CENTERED CARE...... THE HEART OF CULTURE CHANGE

Living in a setting that encourages a meaningful life of individuals, as individuals.

- Respecting my choices
- Supporting my needs
- Sustaining relationships
- Honoring me

"The day you walk out of your home into any other residence, the day dignity becomes a gift at the whim of the caregivers instead of a God given right. The homelike model (personcentered care) aspires to return as much of that dignity in the decision making process to you, the individual, as possible." Judy Wilson, Resident

