

RECOGNIZING EARLY SIGNS OF DISTRESS

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PSYCHOLOGICAL CONTRIBUTORS PROVOKED BY DISEASE

- Decreasing access to historical coping strategies/security blankets
- High risk of depression
- Loss of insight/processing
- Grief – Individual and Compounded
- Isolation

DISEASE VULNERABILITIES AND RISK OF NEUROPSYCHIATRIC SYMPTOMS:

- Language deficit
- Disinhibition
- Damage to executive functions
- Visual Spatial deficit
- Emotional liability

CONTINUED...

- Loss of noise filter
- Loss of directional map
- Damage to sleep/wake regulator of the brain
- Environmental misperceptions

DISTRESS

- Seldom random
- Seldom spontaneous



WHEN MUSIC WILL LIKELY NOT WORK

- In Active Delirium
- Height of Agitation/Anxiety



RECOGNIZING RISK SITUATIONS

- Individual
- High Stimuli
- Visitor departures
- Intrusive requests
- Poor interactions
- Boredom/alone
- Lack of pain follow up
- Lack of sleep
- History of Mental Health Issues/Patterns

POTENTIAL EARLY SIGNS OF DISTRESS:

- Increased pacing/unable to sit
- Facial expressions – worried, sad
- Hypervigilance - others activity/behaviors
- Talking to self
- Asking same question over and over
- Looking for something
- Looking out of doors/windows/into other rooms
- Self deprecation

SUCCESSFUL INTRODUCTION

- Prior to/early in symptom presentation
- Prior to known risk situations
- Gently, joyfully, kindly, slowly

